

## Video Seminars

GriefShare video sessions are designed to help you successfully travel the journey from mourning to joy.

- 1 When Your Dreams Fall Apart
- 2 The Seasons Of Grief
- 3 The Emotions Of Grief (Part I)
- 4 The Emotions Of Grief (Part II)
- 5 When Your Spouse Dies
- 6 Your Family And Grief
- 7 Where Is God?
- 8 Your Greatest Resource
- 9 Stuck In Grief Or Moving On
- 10 Growing Through Grief
- 11 Grief Recovery Tool Kit
- 12 God's Spiritual Hospital
- 13 Longing For Heaven

## When to begin

You are welcome to begin attending the GriefShare group at any session. Each is "self-contained," so that you do not have to attend in sequence. You will find encouragement and help whenever you begin. You will be able to continue with GriefShare through the next 13-week session and to view any of the videos you have not seen.



## Real help for deep hurt

### COMMUNITY

"You need other people to listen to you, to validate you, to encourage you and help you through this time."

*Dr. Jim Corway*

"The finality of death is hard to accept, and that's what a grief group is about ... is getting you to accept that reality ... so that you can go on with your life."

*Virgil*

### UNDERSTANDING

"I felt like I had a big hole in my heart."

*Melissa*

"I didn't feel like being around people, I didn't want to talk ... it's like I didn't really care."

*Kim*

### SUPPORT

"I don't think we should ever apologize for our tears."

*H. Norman Wright*

"Emotions are probably the least controllable thing about our existence."

*Dr. Larry Crabb*

### ENCOURAGEMENT

"It does get better."

*Barbara Johnson*

# GriefShare

*your journey from  
mourning  
To joy*



Grief Recovery Support Group



# joy Facing Tomorrow future hope

It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member or friend, you've probably found that there are not many people who understand the deep hurt you feel.

That's the reason for *GriefShare*, a special seminar and support group for people grieving the loss of someone close. This group is sponsored by people who understand what you are experiencing and want to offer you comfort and encouragement during this difficult time.

Each *GriefShare* session includes a video seminar featuring top experts on grief and recovery subjects. These videos also include on-location video and the real-life stories of people who have experienced losses like yours.

After viewing the video, you'll participate in a small group discussion about what you've seen on the tape. You'll also have the opportunity to interact with others who have experienced a recent loss, learn about their experiences and have the opportunity to share your own.

*GriefShare* is a non-denominational group and features biblical teaching on grief and recovery topics. Please join us for the next *GriefShare* session.

## TOP EXPERTISE

*GriefShare* videos feature interviews with leading authors, counselors, speakers and pastors with years of expertise in grief recovery:

Dr. Robert Abarno  
Kay Arthur  
Dr. Richard Bewes  
Dee Brestin  
Dr. Bill Bright  
Rev. Buck Buchanan  
Dr. Tim Clinton  
Rev. John Coulombe  
Dr. Larry Crabb  
Rev. Noel Castellanos  
Dr. Jim Conway  
Elisabeth Elliot  
Rev. Clay Evans  
Jim Grassi  
Dr. Jack Hayford  
Dr. E.V. Hill  
Dr. Thomas Ice  
Dr. Robert Jeffress  
Barbara Johnson  
Anne Graham Lotz  
Dr. Erwin Lutzer  
Dr. David Olford  
Dr. Norman Peart  
Dr. Luis Palau  
Dr. Ray Pritchard  
Dr. Joseph Stowell  
Joni Eareckson Tada  
Dr. Stephen Tong  
Dr. John Trent  
H. Norman Wright

## GriefShare Schedule



GRIEF SHARE